



UFit2 Fitness, LLC

UFit2 Fitness – INDOOR CYCLING CLASS SCHEDULE – Fall Schedule / Sept 10th through December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			6:30am – John All Terrain		
					8am – Sandy All Terrain
	9am – John All Terrain				
9:30am – Sandy SPIN-YOGA			9:40am – Pump/Pedal Sandy		
				10:40am – Pump/Pedal Sandy	
	6pm – John All Terrain		6pm – John All Terrain		
6:40pm – Sandy Heart zone Training		6:40pm – Sandy Heart zone Training			

Note: Class size limited to 8 participants. Visit www.ufit2.com for details on pricing and how to reserve a time slot.